|  |
| --- |
| Swallow Precautions  Patient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Diet Level: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   * supervision with oral intake * positioned at 90 degrees for oral intake * remain upright for at least 30 minutes after eating * small bites and sips * alternate bites and sips * Go slow! Swallow all food in mouth before taking another bite * swallow \_\_\_\_ times with each bite/sip * Effortful (hard) swallow * chin tuck * no straws * provide visual representation of swallow precautions at meals * other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   Medication recommendations: |

Swallow Precautions

Swallow Precautions

* small bites and sips
* alternate bites and sips
* Go slow! Swallow all food in mouth before taking another bite
* swallow \_\_\_ times with each bite/sip
* effortful (hard) swallow
* chin tuck
* no straws
* other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_