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| Swallow PrecautionsPatient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Diet Level: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* supervision with oral intake
* positioned at 90 degrees for oral intake
* remain upright for at least 30 minutes after eating
* small bites and sips
* alternate bites and sips
* Go slow! Swallow all food in mouth before taking another bite
* swallow \_\_\_\_ times with each bite/sip
* Effortful (hard) swallow
* chin tuck
* no straws
* provide visual representation of swallow precautions at meals
* other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Medication recommendations:  |

Swallow Precautions

Swallow Precautions

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* alternate bites and sips
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* swallow \_\_\_ times with each bite/sip
* effortful (hard) swallow
* chin tuck
* no straws
* other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_